



In ancient times, the unknown world was explained in mythical form with deities and the afterlife being prominent. Relating traditional myths to our modern life has

its limits. We will reverse this method of going from the past to the present. By using our current knowledge from science and psychology, we will reveal the practical and spiritual benefits of Shin.

For those seeking solutions to common concerns, Shin has provided a path for ordinary people for 800 years.

Each session will be an interactive workshop that leads to an experience of the benefits of Shin Buddhism. This is a practical guide of how being a Shin Buddhist in the 21<sup>st</sup> century can resolve many issues.

Rev. Akahoshi's retreats and workshops use innovative methods that he learned from leading philosophers, psychologists, and Buddhist teachers. Using these interactive methods, he will share an effective, simple practice of gratitude.

## CLASS SCHEDULE

(Times are Hawaii Standard Time)  
Held In-person and via Zoom

### **Monday, August 5, 2024**

6-8pm Opening Service and Lecture:

#### **Why & How of Gratitude**

*Practicing the non-practice of gratitude.*

### **Tuesday, August 6, 2024**

6-8pm Lecture: **Truth: Now and Then**

*Our understanding of truth has expanded from the Buddha's time to now.*

### **Wednesday, August 7, 2024**

6-8pm Lecture: **Who Am I in the World?**

*Finding my authentic self.*

### **Thursday, August 8, 2024**

6-8pm Lecture: **Benefits of Shin Buddhism**

*Current interpretations of ancient rituals.*

### **Friday, August 9, 2024**

6-8pm Closing Service and Lecture:

#### **Being Sacred in the Profane**

*Being whole, not holy.*



## Rev. Dr. Kenji Akahoshi

Retired as head minister of the Buddhist Temple of San Diego in 2021, he now leads the Ministerial Support Pillar for the Dharma Forward Campaign and gives classes for the MAs of BCA. He has had recent articles in *Tricycle Buddhist Magazine* and *Lion's Roar*. He is also writing a book which interprets Shin in a way that is relevant in 21st century America.

A dentist by profession, Rev. Dr. Akahoshi earned a degree from the University of California at San Francisco Dental School before finishing his master's from the Institute of Transpersonal Psychology, then a Master's from the Institute of Buddhist Studies for the ministerial path.

He was a captain in the U.S. Air Force in Misawa, Japan for three years.

During his 30 years in private practice in San Jose, California, Rev. Dr. Akahoshi was board president at San Jose Betsuin and chaplain at the Santa Clara County Juvenile Hall.

## Recommended Preparation

2022 Bloom-Futaba Memorial Lecture by  
Rev. Dr. Kenji Akahoshi:

**Meditation, Mindfulness, & Gratitude**  
The natural path to awakening and joy

<https://www.youtube.com/watch?v=n6pGmAEb1Q4>



## BSC Summer Session

The BSC Summer Session held its first classes in 1974 with Dr. Alfred Bloom and Dr. Mokusen Miyuki. For 50 years distinguished teachers have shared their knowledge and perspectives on the Wisdom and Compassion of the Teachings of Buddhism. These scholars include: Dr. Taitetsu Unno, Rev. Gyomay Kubose, Dr. George Tanabe, Prof. Takamaro Shigaraki, Dr. Mark Unno, Rev. Ruth Tabrah, Dr. David Matsumoto, Rev. Marvin Harada, and Rev. William Masuda.



## Donations Welcome:

**Suggested tax-deductible donation, 5 sessions \$50, single sessions \$10.  
Checks made out to HHMH.**

We sincerely appreciate your tax-deductible donations. Please use the PayPal link below:

<https://bschawaii.org/donate/>

**Questions? Please call:**

**Office: (808) 522-9200**



**Buddhist Study Center (BSC)**

1436 University Avenue  
Honolulu, HI 96822

## **50th Annual Buddhist Study Center In-Person & Online Summer Session**

**“Shifting From ‘Please’ to  
‘Thank You’**

**A Path to Awakening”**

A contemporary interpretation of  
Shin Buddhism

**Rev. Dr. Kenji Akahoshi**



**Monday - Friday  
August 5-9, 2024  
6-8pm HST**

[www.bschawaii.org](http://www.bschawaii.org)

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